

**OLDER ADULT OUTPATIENT CLINIC REFERRAL**


\* 2 3 9 5 \*

 Geriatric Medicine  
Referral

Interdisciplinary approach for older adults (65+) living in the Lower Mainland Region.

**CENTRAL INTAKE FAX: (604) 806-8390**

FAX all relevant information including medical history and private reports (diagnostic/consults)

Date of referral: (dd/mmm/yyyy) \_\_\_\_\_

<b>Appointment requested for</b>		First name:	Last name:
Address:			
DOB:(dd/mmm/yyyy)		PHN:	PARIS:
Phone:	Alternate Phone:		Interpreter Required: <input type="checkbox"/> No <input type="checkbox"/> Yes Language:
Contact person for appointment:			
<input type="checkbox"/> Patient <input type="checkbox"/> Other	Name:	Phone:	Relationship:
<b>Referring source:</b> (for physician appointment, must be NP or physician referral)			
<input type="checkbox"/> Primary care provider/NP: (name, phone & fax):			
<input type="checkbox"/> Other: (name, discipline, phone & fax):			
Primary care provider notified of referral: <input type="checkbox"/> Yes <input type="checkbox"/> No			
<input type="checkbox"/> Other specialists involved: (Please specify)			
<b>Reason for referral:</b>			
<b>MEDICAL SERVICES REQUESTED:</b>		<b>OTHER SERVICES REQUESTED:</b>	
<b>Geriatric Medicine</b> <input type="checkbox"/> Comprehensive geriatric assessment <input type="checkbox"/> Cognitive assessment <input type="checkbox"/> Falls assessment <input type="checkbox"/> Pre-Operative assessment <input type="checkbox"/> Urgent (1 to 2 weeks) <input type="checkbox"/> Regular: _____ Estimated Surgery Date <input type="checkbox"/> Home visit for homebound Older Adults (Vancouver only) <input type="checkbox"/> Other: _____		<input type="checkbox"/> <b>Continence Clinic</b>  <p style="text-align: center;"><b>*Dementia Caregiver Resilience Clinic*</b> Please complete separate referral form found at: <a href="https://dementiacaregiver.providencehealthcare.org/referrals/">https://dementiacaregiver.providencehealthcare.org/referrals/</a></p> <b>Occupational Therapy</b> <input type="checkbox"/> Cognitive Strategies <input type="checkbox"/> Sleep strategies / CBT - I <input type="checkbox"/> Caregiver skill building <input type="checkbox"/> Strategies to optimize function (No home visits. Please refer directly to Community Health)	
<b>Geriatric Psychiatry</b> <input type="checkbox"/> Cognitive assessment <input type="checkbox"/> Behavioural features of dementia <input type="checkbox"/> Mood/Anxiety <input type="checkbox"/> Psychosis <input type="checkbox"/> Geriatric psychiatry outreach for homebound Older Adults (Limited catchment area) <input type="checkbox"/> Other: _____		<b>Physiotherapy (Vancouver residents only)</b> <input type="checkbox"/> Balance & Mobility <input type="checkbox"/> Vestibular	
<b>Physiatry (at SPH only)</b> <input type="checkbox"/> Assessment		<b>Social Work (External referrals only accepted at SPH*)</b> <input type="checkbox"/> Patient and Caregiver Support <input type="checkbox"/> Advanced Care Planning  *Access to SW at MSJ available via internal referral only*	
<b>FOR PROMPT BOOKING, ENSURE ALL SECTIONS ARE FULLY COMPLETED AND RELEVANT INFORMATION IS FAXED.</b>			

Please refer to the reverse for services offered by the clinic

# Older Adult Outpatient Clinic REFERRAL FORM

Place Patient Label Here



Geriatric Medicine  
Referral

The Older Adult Ambulatory Clinics at St. Paul's Hospital and Mount Saint Joseph Hospital provide an interdisciplinary approach for older adults (65+), living in the lower mainland region, who are experiencing health changes that impact their physical, cognitive or psychosocial well being.

Referrals to geriatricians, geriatric psychiatrists, and physiatrists must be approved by a family physician, NP or hospital based physician. Referrals to other members of the interdisciplinary team can be made by any health care provider.

## INFORMATION FOR THE FIRST VISIT:

- This visit may take up to 2 hours.
- Please instruct patient to bring their care card, medications, and a family member or friend to help them understand and remember information.

## SERVICES OFFERED:

### Geriatric Medicine

- Comprehensive geriatric assessment, cognitive assessment diagnosis and management, medical review, pre-operative assessment, falls assessment, medical assessment of homebound Older Adults within Vancouver.

### Geriatric Psychiatry

- Cognitive assessment, treatment of behavioural features of dementia, assessment and treatment of mood, anxiety and psychosis, geriatric psychiatry outreach to homebound Older Adults within the catchment area.

### Physiatry (also known as Physical Medicine and Rehabilitation)

- Assessment and treatment to improve function from medical conditions affecting the brain, nerves, bones, muscles, joints, and tendons/ligaments. This may involve education, activity modification, medications, bracing, injections, and other rehabilitation recommendations.

### Continence Clinic

- The multidisciplinary Continence Clinic includes a geriatrician, a nurse continence advisor and a pelvic floor physiotherapist, who treat patients with urinary/bowl incontinence, pelvic organ prolapse, symptoms related to incontinence, constipation, urinary retention, recurrent UTI, urinary frequency, urgency, dysuria, and catheter management issues.

### Dementia Caregiver Resilience Clinic

- Designed for caregivers of people with dementia, this St. Paul's Hospital based clinic supports caregiver skill-building, education, and strengthening of self-care strategies through evidence-based group interventions and/or individual sessions with interdisciplinary professionals.

### Physiotherapy

- Balance and gait retraining, vestibular rehabilitation for inner ear dysfunction and dizziness, fall prevention, and to optimize function.

### Occupational Therapy

- Cognitive assessment and treatment, mild cognitive impairment and dementia education for patients and families, individualized memory, brain health and sleep strategies, assessment of day to day function to optimize safety and independence, caregiver support and skill building.

### Social Work (at SPH only)

- Future planning for patient and caregiver support, linking with community resources and psychosocial stressors.

**\*Access to Neuropsychologists available via internal clinic referral only\***