

## PULMONARY DIAGNOSTICS REQUISITION

To book an appointment, fax completed requisition to 604-806-8544.

			Demuisition data:		
* 7 8 3 2	×		Requisition date:		
Patient Name:			DOB (DD/MMM/YYYY):		
Phone(s):Home: Other	Cell (for te	ext reminders):	Gender:		
Please confirm the appointment details with your patient.					
Date:	Ti	me:	Location:		
Requesting physician:					
MSP Number: STAMP					
SIGNATURE:			01741111		
	Fax:				
Additional copies to:					
★ Requisitions without a diagnosis or physician signature will NOT be processed. ★					
DIAGNOSIS:					
URGENCY:	☐ High Priority/Diagnostic		·		
	Routine/Monitoring of Therapy (Continue respiratory medications)				
PREFERRED LOCATION:	☐ St. Paul's Hospital 1081 Burrard St., Vancouver, BC Phone: 604-806-8333 ☐ Mount Saint Joseph Hospital 3080 Prince Edward St., Vancouver, BC Phone: 604-806-8333				
ALLERGIES:					
PRECAUTIONS:	☐ MRSA ☐ VRE ☐ CPC	D 🗌 TB Other: _			
		TESTS:			
Spirometry: DROP-IN SPIROMETRY					
Pre Bronchodila			only – Prior to coming in, please call ahead to confirm testing availability		
Pre and Post Br	onchodilator Spirometry		Phone: (604) 806-8333		
<b>Detailed Tests:</b>					
Complete Pulmonary Function Test - Includes pre & post bronchodilator spirometry, diffusion capacity, and lung volumes					
☐ Diffusion Capacity (D <sub>L</sub> CO) Only ☐ Methacholine Challenge Test - pre & post bronchodilator spirometry must be completed within the past 6 months.					
Oxygenation & Gas Exchange:  Arterial Blood Gas  Specify Oxygen Level:					
☐ Overnight Oximetry ☐ On Room Air					
Resting Oximetry With Oxygen at					
☐ Walking Oximetry <i>Home Oxygen Assessment</i> ☐ On CPAP level of cm H <sub>2</sub> O					
Patient Education:					
Respiratory Education Centre (located at St. Paul's Hospital) - Includes a pre & post bronchodilator spirometry and consult with a Respiratory Patient Educator					
Only SPECIALISTS may request the following tests:					
☐ 6 Minute Walk Test – <i>specify:</i> ☐ On Room Air ☐ With Oxygen at L/min					
☐ Ventilatory Muscle Strength (MIP & MEP)					
Shunt Calculation					
☐ Altitude Simulation Test					

## **Pulmonary Diagnostics PATIENT INSTRUCTIONS**

PREPARING FOR YOUR TEST				
THINGS TO DO	THINGS TO AVOID			
<ul> <li>Arrive 15 minutes before your scheduled appointment</li> </ul>	<ul> <li>DO NOT use perfume, aftershave or other scented products</li> <li>DO NOT do any physical exercise immediately before your test</li> </ul>			
Tests usually take between				
30 and 60 minutes	DO NOT smoke within 1 hour of your test			
Wear comfortable clothing	DO NOT eat a large meal within 2 hours of			
<ul> <li>Bring your BC Services Card or other government-</li> </ul>	your test (a <i>light meal or snack is okay)</i>			
issued photo ID	DO NOT consume any alcohol within 4 hours			
<ul> <li>Bring a list of all your breathing medications</li> </ul>	of your test			
<ul> <li>Continue to take all your non-respiratory medications that have been</li> </ul>	<ul> <li>DO NOT use your inhalers unless you start to have significant respiratory symptoms.</li> </ul>			
prescribed by your doctor	If you need to, take your medications as normally prescribed then before starting the test, tell the respiratory therapist that you have taken your medications			
ADDITIONAL INSTRUCTION FOR METHACHOLINE CHALLENGE TEST ONLY				

**DO NOT** eat or drink any products that contain caffeine such as coffee, tea. colas, energy drinks or chocolate, on the day of your test.

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RELIEVER MEDICATIONS				
salbutamol (AIROMIR, APO-SALVENT, VENTOLIN) terbutaline (BRICANYL)	DO NOT use in the 8 hours before your test			
ipratropium (ATROVENT)	DO NOT use in the 24 hours before your test			
CONTROLLER / MAINTENANG	CE MEDICATIONS			
fluticasone (FLOVENT), budesonide (PULMICORT) ciclesonide (ALVESCO), belcomethasone (QVAR) mometasone (ASMANEX)	Continue to take as prescribed by your doctor			
formoterol (FORADIL, OXEZE), salmeterol (SEREVENT) ipratropium-salbutamol (COMBIVENT) tiotropium (SPIRIVA), aclidinium (TUDZORZA), glycopyrronium (SEEBRI)	For Pulmonary Function Test:  DO NOT use any of these medications in the 24 hours before your test			
fluticasone-salmeterol (ADVAIR), budesonide-formoterol (SYMBICORT), fluticasone-vilanterol (BREO), mometasone-formoterol (ZENHALE)	For Methacholine Challenge Test: DO NOT use any of these medications in the 48 hours (2 days) before your test			
Umeclidinium-vilanterol (ANORO), indacaterol-glycopyrrolate (ULTIBRO), indacaterol (ONBREZ), montelukast (SINGULAIR), omalizumab (XOLAIR), theophylline	DO NOT use in the 48 hours (2 days) before your test			
Oral Corticosteroid (predniSONE), roflumilast (DAXAS)	Continue to take as prescribed by your doctor			
For Methacholine Challenge Test ONLY:				
Oral Antihistamines: fexofenadine (ALLEGRA), desloratadine (AERIUS), loratadine (CLARITIN), cetirizine (REACTINE), diphenhydramine (BENADRYL), loratadine-pseudoephedrine (CHLOR-TRIPOLON)	DO NOT use in the 72 hours (3 days) before your test			

## PERSONAL INFORMATION COLLECTION NOTICE

Providence Health Care (PHC) collects personal information from your referring physician for the purposes of scheduling appointments and providing care to you. We collect this information under Section 26(c) of B.C.'s Freedom of Information and Protection of Privacy Act. We will contact you via SMS text message prior to your appointment. The text message will confirm your appointment date and time and provide you with a contact number to call if you wish to cancel or rearrange. Please do not reply to the text message, as any responses will not be received by PHC. If you have any questions please contact the Pulmonary Function Lab at 604-806-8333 extension 62080.