## Physician Wellness in the Era of Covid-19: Two Years In

RICHMOND HOSPITAL PHYSICIAN SOCIETY

## PRESENTER: DR. MICHAEL MYERS TUES, FEB 15TH | 5:30-6:30PM PST VIA ZOOM

## Learning Objectives:

- What do we mean by "wellness"?
- In what ways have physicians been impacted by Covid-19?



- What can we do to maintain our health and professional functioning during this pandemic?
- What are some of the novel, individual, and systemic solutions to thriving in these uncertain times?

## <u>Register Here</u>

Dr. Myers is a specialist in physician health. In addition to being in practice in Vancouver from 1973 until 2008, he taught at UBC and was a frequent consultant to the Physician Health Program of BC and the College of Physicians and Surgeons.

Dr. Myers is Professor of Clinical Psychiatry at SUNY Downstate Health Sciences University in Brooklyn NY. He is the author or co-author of 9 books and over 150 articles, book chapters, book reviews and 8 videotapes covering many topics in psychiatry.