

# Instructions for Surgical Day Care Patients

## Surgery Date: \_\_\_\_\_

If you have a cold, fever, or any sickness before your surgery, please call your surgeon's office as soon as possible.

## Check-in Time: \_\_\_\_\_

One business day before your surgery date, either call your surgeon's office, or your surgeon's office will call you for your check-in time.

## You will be having your surgery at:

### St. Paul's Hospital

Surgical Daycare Unit, Providence Building,  
3rd floor, 1081 Burrard St., Vancouver, BC  
Telephone: (604) 682-2344

### Mount Saint Joseph Hospital

Surgical Daycare Unit, Ground Floor,  
3080 Prince Edward St., Vancouver, BC  
Telephone: (604) 874-1141

**Medication instructions:** Please see separate instructions given to you by your surgeon's office. On your surgery day, bring all your medicines in their original containers to the hospital.

## Eating and drinking Instructions before your surgery:

- Do not eat any solid food after midnight.
- Do not drink alcohol after midnight.
- You may drink clear fluids (water, apple juice or cranberry juice) up to 2 hours prior to arriving at the hospital, then do not drink at all.

## Before coming to the hospital:

The night before, or the morning of:

- Shower and wash your hair.
- Take off all jewellery, watches, and body piercing(s) including tongue studs.
- Take off make-up, nail polish, false eyelashes, and wigs or hairpieces.
- You must arrange for an adult to take you home from the hospital after your surgery. *If you do not have anyone to pick you up, your surgery will be cancelled. You must not drive yourself home.*
- You must arrange for an adult to stay with you overnight the first night after your surgery.

## What to bring to the hospital

- Your CareCard (personal health number) or BC Services Card
- Photo identification.
- Your medicines in their original containers, puffers (inhalers), insulin, etc.
- Your glasses, hearing aide(s), dentures. No contact lenses.

### Do not bring to the hospital:

- money or credit cards.
- jewellery.
- cellular phone, pager, laptop computer.

**Our hospital is SCENT-FREE.**

Please do not wear perfume or cologne.



### In case of cancellation:

Sometimes we have to postpone a person's surgery due to unexpected events and emergencies. We review all options before deciding to postpone any surgery and we will let you know as soon as possible. If your surgery is cancelled, your surgeon's office will advise you of the next available date.

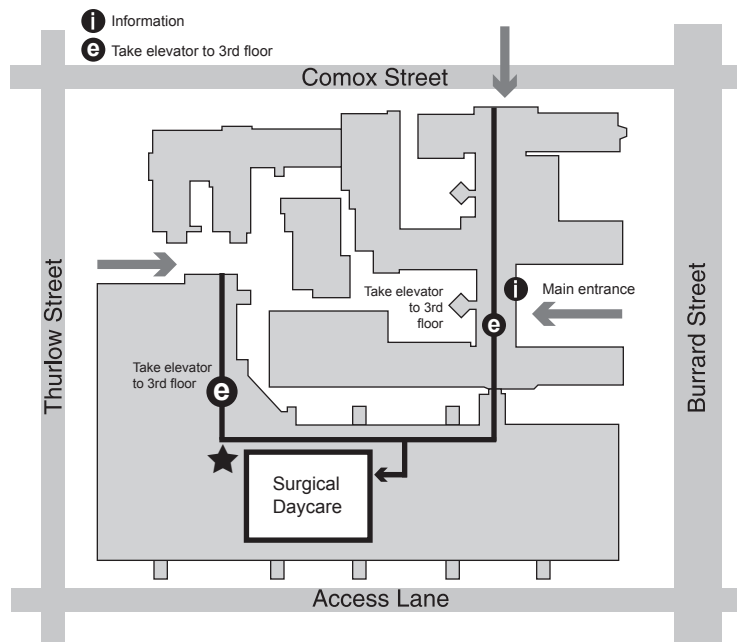
## Going home

- Remember to have an adult pick you up.
- Once you are at home, please follow the instructions we have given you.
- Call your surgeon's office to make an appointment for your "after surgery" check up.
- If you have any questions or concerns after surgery, please call your surgeon's office.
- Know that you can always go to the nearest Emergency Department if needed.

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## St. Paul's Hospital - Surgical Daycare Unit

Providence Building, 3rd Floor,  
1081 Burrard St., Vancouver, BC  
Telephone: (604) 682-2344



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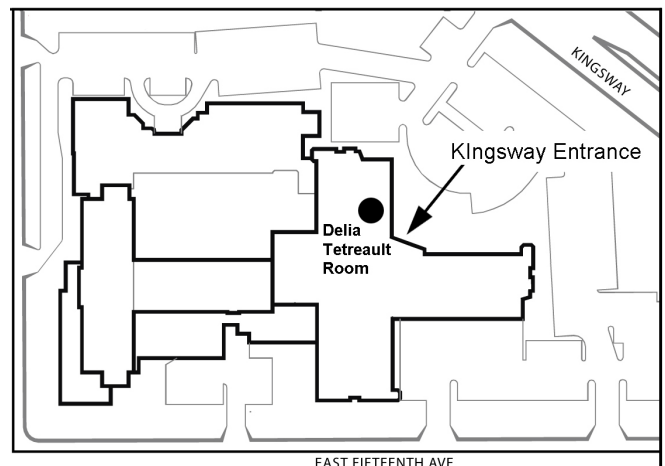
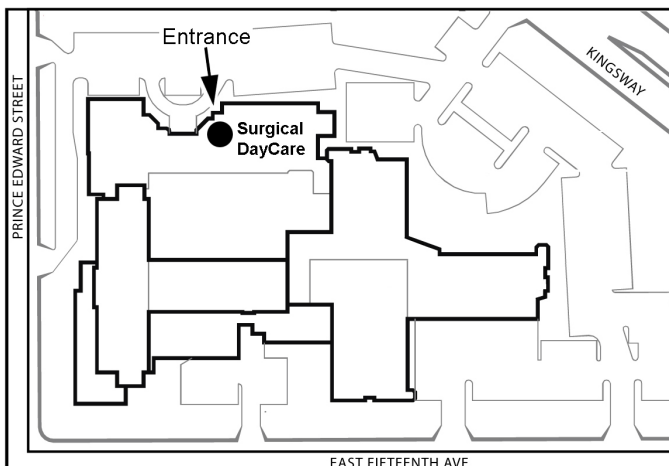
## Mount Saint Joseph Hospital

**Surgical Daycare Unit:** Ground Floor (*see map, below left*)

**Delia Tetreault Procedure Room:** First floor - use Kingsway entrance (*see map, below right*)

3080 Prince Edward St., Vancouver, BC

Telephone: (604) 874-1141



*Delia Tetreault Procedure Room Procedures include:* • Eye Surgery • Cystoscopies • Minor Treatments